



Dry Needling Consent & Information Form

Dry needling involves inserting a tiny monofilament needle in a muscle(s) to release shortened bands and decrease trigger point activity. This can help resolve pain and muscle tension, and will promote healing. This is **NOT** traditional Chinese acupuncture, but is a medical treatment that relies on a medical diagnosis to be effective. Dry needling is a valuable and effective treatment for **musculoskeletal pain. Like any invasive treatment, there are possible complications. While complications are rare in occurrence, they are real and must be considered prior to giving consent for treatment.**

Risks: The most serious risk with dry needling is accidental puncture of a lung (pneumothorax - IJSPT 1/1,000 patients or .001%). If this were to occur, it may likely require a chest x-ray and will require physician follow-up. The symptoms are shortness of breath that may last for several days to weeks. A more severe puncture can require hospitalization and re-inflation of the lung. This is a rare complication, and in skilled hands it should not be a major concern. Other risks include injury to a blood vessel causing a bruise, infection (.01%), and/or nerve injury (.014%). Bruising and post-treatment soreness is a common occurrence and should not be a concern. One may also feel fatigued following treatment, with a very minimal risk of syncope.

Patient's Consent: I understand that no guarantee or assurance has been made as to the results of this procedure and that it may not cure my condition. My therapist has also discussed with me the probability of success of this procedure, as well as the probability of serious side effects. Multiple treatment sessions may be required/needed, and this consent will cover this treatment as well as consecutive treatments by this facility. I have read and fully understand this consent form and understand that I should not sign this form until all items, including my questions, have been explained or answered to my satisfaction. With my signature, I **hereby consent to the performance of this procedure. I also consent to any measures necessary to correct complications that may result.**

Please answer the following questions:

- 1. Do you have a phobia of needles and/or any abnormal reaction to needles/needling? Yes No
- 2. **Have you ever fainted or experienced a seizure?** Yes No
- 3. Do you have a pacemaker or any other electrical implants? Yes No
- 4. Are you currently taking anticoagulants (ex: Aspirin, blood thinners)? Thrombocytopenia? Yes No
- 5. Are you currently taking antibiotics for an infection? Yes No
- 6. Do you have a damaged heart valve, metal/prosthesis, or other risk of infection? Yes No
- 7. Are you pregnant? Yes No
- 8. Do you suffer from metal allergies? Yes No
- 9. Are you a diabetic or do you suffer from impaired wound healing? Yes No
- 10. Do you have Hepatitis B, C, HIV, or any other infectious disease? Yes No
- 11. Do you suffer from lymphedema? Yes No
- 12. Are you taking immunosuppressant medication/do you currently have cancer? Yes No

DO NOT SIGN UNLESS YOU HAVE READ AND THOROUGHLY UNDERSTAND THIS FORM. You have the right to withdraw consent for this procedure at any time before it is performed.

Print and Sign - Patient or Authorized Representative

Date

Relationship to patient (if other than patient)

Physical Therapist Affirmation: I have explained the procedure indicated above and its attendant risks and consequences to the patient who has indicated understanding thereof and has consented to its performance.

Physical Therapist

Date